



Translation of the summary of rules of religion compiled by a team in Tamil as per the wishes of the Maha Periyaval of Kanchipuram by P.R.Ramachander

## **Yajur Vedi Avani Avittam for the year 2017 (7-8-2017)**

Avani Avittam 7-8-2017 (monday)  
(Compiled by P.R.Ramachander)

(Since there is Chandra Grahana on night of 7-8-2017, Some people are not following this date. Most of the Vakkiya Panchangams including Panbu Panchangams and Sri Rangam Panchangam prescribe this date. Please consult your purohithar and elders of your family before taking a decision to do upakarma on this day.

**Most important:** The Chandra Grahana is not visible to the entire south and North America and so Upakarmam for all the people living there is on this date.)



(The Gayathri japam is on 8-8-2017 for all the three Vedas. The sankalpam for the Gayathri japam is given in <http://brahminrituals.blogspot.in/2017/05/gaayathri-japam-manthras-8-8-2017.html> )

### **1.Yagnopa veetha dharana manthra**

( Manthra for wearing Poonal)

a.Aachamanam:Shuklaam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo patha samastha duritha kshya dwara sri paameshwara preethyartham  
Srouta smartha vihitha sadachara nithya karmaanushtanaa योग्याथा  
sidhyartham brhma teja abhivrudyardham yagnopaveetha dharanam karishye.

d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyoga

Wear Poonal one by one by reciting(poonal should be held by both hands, the tie in the poonal being held above by the right hand facing upwards)

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu theja.

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting

Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami na hi  
brahma-varcho deerghayurastu me

h.Do aachamanam.

Summary meaning: I wear the white yagnopavitha that is purifying , which was born along with brahma, which is capable of increasing life .I am sure this would give glory and strength to me.I am destroying the dirty , soiled yagnopavita .

## 2.Kamo karshet Japam 7-8-2017 morning

a.Aaachamanam:Shuklaam Bharadharam.....Santhaye

b.Om Bhoo

c.Mamo patha--- Preethyartham

Tadeva lagnam sudhinam tadaiva, tharaa balam chandra balam thadaiva , vidhya balam daiva balam tadaiva, Sri Lakshmi pathe aangriyugam smaraami

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha  
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,  
Sri Govinda , Govinda, Govinda

Aadhya sri bagavatha mahaa purushasya Vishnor Agnaya , Pravarthamanasya , Aadhya brhmana , dweethiya parardhe, swetha varaha kalpe, , Vaivaswatha manvanthare, ashta vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharike prabhavaadheenam sashti samvatsaranaam madhye , Hevilambi nama samvatsare, Dakshinaayane, varsha rithou, Karkidaga mase, shukla pakshe, aadhya pournamasyam shubha thidou, Indhu vasara yukthayam, Sravana \*\* nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam pournamaasyam shubha thidou, taishyaam pournamaasyam\* adhyot sarjana akarana praayaschithartham , samvatsara praayaschithartham, cha asthothara satha samkhyaa “kamo karsheth manyura karsheth” ithi maha manthra japam karishye.

d.Then chant “Kamo karsheth manyura karsheth ” 108 times

e.Afterwards perform Aachamana and say”Kama manyu upasthanam karishye” , and saying “Om tat sat brahmaarpanam asthu.” Pour an Udharani of water

\*On 7 -8-2017 , Pournami is up to 11.42 PM , and Prathama is up to 12.26 PM of 8--8-2017 IST \*\* Sravana Nakshatra is up to 3.32 AM IST on 8/8/2017 and sravishta Nakshatra afterwards till 4.53 Am of 9-8-2017 according to the Madathu Panchanga., Before you do the Upakarma , please calculate corresponding IST and take the proper Thidhi and Nakshatra. This is also applicable to mantras of Maha Sankalpam given below.

Summary meaning: The Brahmin first prays God that the time of doing whatever it may be should become holy and this he is sure is achieved by prayer to God. Then he tells when he is doing this japa, for example which year, which season, which day and so on. And he says that this japa is being done as a repentance for his not performing various religious duties during the year that he ought to

have performed. The main manthra is a prayer to pardon the lapses which were due to Kama(passion) krodha(anger) and lopa(avarice)

### **3.Maha Sankalpam**

(7-8-2017 after Madhyaanikam and Brahma yagnam-Manthras for Brahma Yajnam for Apasthambha suthram and Bodhayana are given one after another at the end )

a.Aachamanam

b.Shuklam baradharam.....

c.Om bhoo

d.Maha samkalpam

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha  
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,  
Sri Govinda , Govinda, Govinda

Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya ,  
aparimithaya, sakthyaa, briyamaanasya, mahaa jaloughasya madhye,  
paribrhamatham aneka koti brhmaandanam madhye, eka thame, prithya  
aptejo vayvakaasaa ahankaradhi -mahada vyakthai-aavaranair- aavruthe-  
asmin mahathi bramanda-karandaka-madhye aadhara sakthi -koormaa  
nandathi ashta diggajopari prathishtithasya , athala-vithala-suthala-  
rasaathala-thalaa thala-mahaathala-pathalakyai loka saphthakasya upari thale,  
punya kruthaam nivaasabhuthe bhoor -bhuvan-suvar-mahar-janarr-thapa-  
satyaakhyai loka shatkasya adho bhage mahaa nalayamana phani raja  
seshasya sahasra phanaa mani mandala mandithe, dighdanthi-shunda  
dhanda-uttambhithe, panchasath koti yojana vistheerne, lokaloka -achalena  
valayithe lavaneshu-sura-sarpi-dhadhi-ksheera-udakaarnavischa parivruthe,  
jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhyia saphtha  
dweepanaam madhye, Jamboo dweepe, Bharatha varshe, bharatha kande,  
prajaapathi kshetre dandakaaranya-chamapakaaranya-vindhyaaranya-  
veekshaaranya-vedaaranayaadhi, aneka punya aaranyaanam Madhya  
pradeshe, karma bhoomou, rama -sethu-kedharayoo madya pradaeshe ,  
Bhaageerathi-Gouthami-Krishna veni-Yamuna-Narmadaa-Thungabadhraa-  
Triveni-Malaapahaarini-kaveri- ithyadi , aaneka punya nadhi viraajithe,  
Indraprastha-Yamaprastha-Aavanthikaapuri-Hasthinaapuri-Ayodhyaa puri-  
Maayaa puri-Kasi puri-Kanchi puri-Dwarakaa aadi aneka punya puree  
viraajithe Sakala jagat srushta, parardha dwaya jeevana, bramana dweethiya  
parardhe, Pancha sathabdhou, prathame varshe, prathame mase, prathame  
pakshe, prathame divasae, aahni, dweethiye yame, trithiye muhurthe,  
swayambhuva-swarochisha-uthama-thamasa-raivatha-chakshu shaksheshu,  
shatsu manusha atheetheshu, saphthame vaivaswathe manvanthare, aashta  
vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe  
, Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharika

prabhavaadheenam sashtya samvatsaranaam madhye , Hevilambi nama samvatsare, Dakshinaayane, varsha rithou, Karkidaga nmase mase, shukla pakshe, aadhya pournamasyam shubha thidou, Indu vasara yukthayam, Sravana \*\* nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam pournamaasyam shubha thidou anaadhya vidhya pravarthamane , asmin mahathi samsara chakre vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha janithwa kenapi punya karma viseshena idhaanimthana manushye dwijanma visesham prapthavatho mama jjanmabhyasa jjanama prabruthi ethath kshana paryantham , baalye, vayasi kaumare yowane vaardhake cha jagrath swapna sushupthya avasthamsu mano vak kaya karmendriya jnanendriya vyaparai kama-krodha-lobha-moha-madha-mathsaryaadhi sambhavithaanam iha janmani janmanthare cha jnana ajnana kruthaanam maha pathakanaam mahaa patathakanumanthratwadeenam , samapathakaanaam upapaathakaanaam malini karanaanam nindhitha dhana dhaano upa jeevanaadeenam aapathrikananaam jathi bramsa karaanam vihitha karma thyaagaaadeenam jnanadha sakruth kruthanaam ajnanatha asakruth kruthaanam sarveeshaam papaanam sadhya aapanodhanartham aswatha narayana sannidhou-deva brahmana sannidhou-tryaa trimsath koti devathaa sannidhou-sri visaalakshi sametha visweswara swami sannidhou-mahaa ganapathi sannidhou-seetha lakshmana bharaatha sathrugna-hanumt samedha sri rama chandra swmai sannidhou-sri rukmani sathyabhama samedha sri gopala Krishna swami sannidhou-hari hara puthra swami sannidhou-sri lakshmi narayana swami sannidhou sraavanyaam pournamasyaam adhyopakrama karma karishye.Thadangam sravanee pournamasi punyakale sareera shudhartam shuddhodhaka snanam aham karishye

Athi krura maha kaya, kalpanthahanopama,

Bairavaya namasthubhyam anujnam dathu marhasi

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@ Brahma Yagna Manthras are given at the end.

Summary meaning:Here again apart from locating oneself with reference to time , one locates himself with reference to place also.We are supposed to live in Jambu Dweepa, Bharatha Kanda which is south of the great mountain Maha meru.Then again this Bhasratha Kanda is blessed with many holy rivers and holy places.Then prayer is done to God to pardon sins committed by word, thought and deed, because this was done inspite of his great grace which made us be born as human beings after several wheels of birth.Also the sins performed during several ages in life is highlighted.Some of the sins specifically mentioned are those done while earning money without conscience, giving

money to improper people, actions which did not suit the caste we are born in, sins due to non performance of actions which ought to have been done and so on. We pray God and tell him that we would take bath in holy pure water and then start the veda parayanams which is our duty as Brahmin.

#### **4.Yagnopa veetha dharana manthra**

After bath again change poonal by reciting manthra as given in s.No.1.Please note that now a days very rarely people take bath after mahaa sankalpam but do prokshana snanam i.e bath by sprinkling of water on the head.

#### **5.Kanda Rishi Tharpanam**

1,Aachamanam

2,Shklaama baradharam

3.Om bhoo

4.Mamo patha samastha durida kshya dwara sri parameshwata preethyartham sravanyaam pournamaasyam adhyoyapakrama karmangam kanda rishi tharpanam karishye.

Wear poonal as garland and do tharpanam using water mixed with thil (black gingely) and akshatha

Each manthra has to be chanted thrice and tharpanam done.

1.Prajapathim kanda rishim tharpayami

2,Somam kanda rishim tharpayami

3.Agnim kanda rishim tharpayami

4.Viswaan devaan kanda rishim tharpayaami

5.Saahinkeer devatha upanishadha tharpayami

6.Yagnigeer devatha upanishadha tharpayaami

7.Vaaruneer devatha upanishadha tharpayami

8.Brhamanagum swayubhuvam tharpayaami

9.Sadasaspathim tharpayami

wear poonal in the normal fashion and then do aachamana.

Summary meaning:Tharpanam means really satisfying.By this tharpanam we satisfy the rishi(sages) of Soma(moon), Agni(fire), Viswaan devan(all gods looking after earth), etc.

#### **5.Vedarambham**

Though these are essential part of Avani avittam , I am not giving this because Vedic manthraas are very difficult to transliterate in to English and reading them wrongly would be counter productive.



## Appendix I, Apasthamba Suthra Brahma Yagnam.

Perform Achamanam

Face eastern direction and do “Shuklam baradaram....” Followed by pranayamam “om Bhoo...”

Mamopatha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime  
And then chant

Om Bhooo tatsa vithurvarenyam

Om Bhuva Bhargo devasya Dheemahi

Ogum suva Dhiyo yona prachodayath

Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuva Dhiyo yona prachodayath

Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo  
yona prachothayath

Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna  
Dhathamam

Om Ishe Twoje Thwa vayavasthapayavastha Devo vassavitha prarpayathu  
sreshtathamaya karmane

Om Agna Aayahi veethaye grunano havvadathaye, ni hotha sadhsi bharhishi

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na

After this recite if possible vedic manthras that you know like Rudram,  
Chamakam etc

Sprinkle water round the head by reciting

Sathyam Thapa sradhayam juhomi

Recite three times with folded hands

Om namo brahmane namosthwagnaye nama pruthwyai nama oshadheebhya  
namo vaache namo vaachaspathaye namo vishnave bruhathe karomi.

8.Clean the hands again with water by reciting “vrushtirasi vruschame  
paapmanamamruthath sathyamupaaga”

Do achamanam

Chant “shuklam baradaram....”

Do Pranayamam, “om Bhoo...”

Mamopatha samastha duritha kshaya dwara sri parameshwra  
preethyartham deva-rishi-pithru tharpanam karishye.

Touch water and clean your hands

Do deva tharpanam through the tip of fingers

1.Bramodaya ye deva than devaan tharpayami

2.Sarvaan devaan tharpayami

3. Sarva deva ganaan tharpayami
4. Sarva deva pathnis tharapayami
5. Sarva deva ganapathnis tharpayami

13, Do rishi tharpanam by wearing yagnopaveetha as garland and pouring out water from the liitle finger

- 1, Krishna dwaipayana ye rishaya than rishin tharpayami
2. Sarvaan risheen tharpayami
3. Sarva rishi ganaan tharpayami
4. Sarve rishi pathnis tharpayami
- 5, Sarva rishi gana pathnistharpayami
6. Prajapathim kanda rishim tharpayami
7. Somam kanda rishim tharpayami
8. Agnim kanda rishim tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

9. Viswan devan kanda rishin tharpayami
10. Samihithir devatha upanishada tharpayami
11. Yagnigir devatha upanishada tharpayami
12. Varuneer devatha upanishada tharpayami

Put the Yagnopaveetham and pour water by towards the left

13. Havyavaham tharpayami
14. Viswaan devaan kanda rishin tharpayami

Pour water by the bottom of the palm towards self

15. Brahmanam swayambhuvam tharpayami
16. Viswan devan kandarishin tharpayami
17. Arunan kandarishin tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18. Sadaspathim tharpayami
19. Rig vedam tharpayami
20. Yajur Vedam tharpayami
21. Sama Vedam tharpayami
22. Atharvana Vedam tharpayami
23. Ithihasa puranam tharpayami
24. Kalpam tharpayami

14. Only those who have lost their father (others go to step 15) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1. Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

- thaan pithrun tharpayami,
2. Sarvaan pithrun tharpayami
3. Sarva pithru ganam tharpayami
4. Sarva pithru pathnistharpayami



5. Sarva pithru ganapanthnistharpayami  
6.oorjam vahanthi amrutham grutham paya keelaalam  
parisruyatham  
swadaastha tharpayatha me pithrun trupyatha, trupyatha,  
trupyatha  
7.Aabrahma sthambha paryantham jagat trupyathu

15.Put the yagnopaveetha in the normal fashion  
Pour water saying Om That sat Brahmarpanamasthu  
And then do aachamanam.

## **Appendix II, Bodhayana Suthra Brahma Yagnam.**

Bodhayana Brahma Yagnam

( The tharpanam in Brahma Yagnam is different and extremely elaborate in Bodhayana Suthra)

### **1.Perform Achamanam**

Take minute quantities of water(just sufficient to soak one grain of black gram) three times in the right hand and take it with the following manthra.

1.Om Achyuthaya nama 2,Om Ananthaya nama 3.Om Govindaya nama

Then

Touch with thumb both cheeks saying kesava -Narayana

Touch with ring finger both eyes saying Madhava -govinda

Touch with the first finger both sides of nose saying Vishno-Madhusoodana

Touch with little finger both ears saying Trivikrama-Vamana

Touch with the middle finger both shoulders saying Sreedhara-Hrishi kesa

Touch with all fingers the belly button saying Padmanabha

Touch with all fingers the head saying Damodara

### **2.Ganapathi dyanam**

Recite the following manthra slowly hitting the forehead with both fists together.:-

Shuklambaradharam Vishunum Sasi Varnam ChathurBhujam,  
Prasanna Vadanam Dyayeth Sarva Vigna Upa Santhaye.

### **3.Do Pranayamam.**

Hold both Nostrils with Thumb and the little and third finger of the hands and recite the following Manthra:-

Om Bhoo

Om Bhuva

Ogum Suva  
Om Maha  
Om Jana  
Om Thapa  
Ogum Sathyam  
Om Tatsa vithur varenyam Bargo devasya dhi mahi dhiyo yona prachodayath  
Om Apa  
Jyothj rasa  
Amrutham brahma  
Bhoorbuvasuvarom  
Touch the ears three times saying  
Om, Om , Om

#### **4.Do Sankalpam**

Mamo Partha Samastha Duritha kshaya dwara Sri Parameshwara  
Preethyartham.  
Brahma Yagnam karishye  
Brahma Yagnena yakshye

Mamo Partha Samastha Duritha kshaya dwara Sri Parameshwara  
Preethyartham.  
Brahma Yagnam karishye.Brahma yagnena yakshye.

#### **4.Prayogam**

a.Vidhyudhasi vidhya me paapmanam ruthath sathya mupaim.  
Touch water .Do Achamanam three times and after first and second touch  
water ,clean the lips, and after the third sprinkle water on left arms and left  
leg. Then touch head, eyes, nose and chest.

b.Then chant

Om Bhoo, tatsa vithurvarenyam  
Om Suva , Bhargo devasya dheemahi,  
Ogum suva .dhiyo yona prachodayath,  
OM Bhoo tatsa vithurvarenyam bhargo devasya dheemahi.  
Om Bhuva , dhiyo yona prachodayath,  
Ogum suva , tasa vithur varenyam bhago devasya dheemahi dhiyo yona  
prachodayath.

c.chants from all the four Vedas

Hari Om , Agni meele purohitham , yagnasya devam ruthvijam.Hothaaram  
rathna dhathamam. Hari om (Rik veda)

Hari Om , Eeshethvorje twam vayavastho payavastha , devo vassavitha  
prarpayathu sresta thamaya karmene.Hari om(Yajur veda)

Hari om, Agna aayahi veethaye grunano havya dhathaye ni hotha sathsi barhishi ..Hari Om (Sama veda)

Hari om., Sanno deveer abhishtaya aapo bhavanthu peethaye , sam yorabhistravanthu na.Hari om (Atharvana veda)

d. Chant “Om Bhoorbhavassuva” and rotate little water round your head

e.Chant “Satyam Thapa, Sradhayam Juhomi” with folded hands

f.Chant thrice with folded hands

“Om namo brahmane. Namasthvagnaye, , nama pruthviiyai, nama oshadheebhya. Namo vache, namo vachaspathaye, namo vishnave, bruhathe karomi.

g.Chant “Vrushtirasi vruchame paapmanam rhuthaath sathya mupakam Deva rishi-pithru tharpanam karishye

I.Deva tharpanam

Wear the Yagnopavitha over the left shoulder(Upaveethi) and do Tharpana through the tip of the fingers of right hand chanting the following manthras

1.Agni, Prajapathi , Somo Rudhra , athithir , Brahaspathi SArpaa ithyethaani prakrud dwarani daivathani sanakshthrani sa grahaani Sahorathrani samuhurthaani Tharpayami

2, Vasoomscha tharpayami

3.Pithro aarayama bhaga savithaa thwashtaa vayu indra agni ithyedhaani dakshinathwarani daivathani , sanakshthrani sa grahani sahorathrani samuhurthaani tharpayami

4. Rudramscha tharpayami

5.Mithra Indro Maha pithara AAbho viswa devaga Brahma Vishnu ithyedhani prathyagdwarani daivathani , sanakshthrani sa grahani sahorathrani samuhurthaani tharpayami

6. Aadhithyamscha Tharpayami

7.Vasavo Varuna aja ekhath ahir puthniya Poosha aswinala yama ithyethani udagthwarani , daivathani , sanakshthrani sa grahani sahorathrani

samuhurthaani tharpayami

- 8.Saadhyamschaschatharpayami
- 9.Brahmanam tharpayami
10. Prajapathim tharpayami
11. Prameshtinam tharpayami
- 12.Hiranya Garbham Tharpayami
- 13.Chathur mugam tharpayami
14. Swayambhuvam tharpayami
15. Brahma parshadaan tharpayami
- 16.Brahma parshadhee tharpayami
17. Agnim tharpayami
- 18.Vayum tharpayami
19. Varunam tharpayami
20. Somam tharpayami
21. Sooryam tharpayami
22. Chandramasam Tharpayami
- 23.Nakshthraani tharpayami
- 24.Jyo dheegumshi tharpayami
25. Sadhyojaathaam tharpayami
- 26.Om Bhoo purusham tharpayami
- 27.Om bhuva purusham tharpayami
28. Om suva purusham tharpayami
- 29.Om bhorbhuva suva purusham tharpayami
30. Om bhoo tharpayami
- 31.Om Bhuva tharpayami
- 32.Om Suva tharpayami
33. Om Maha tharpayami
- 34.Om Jana tharpayami
- 35.Om Thapa tharpayami
- 36.Ogum sathyam tharpayami
- 37.Bhavan devam tharpayami
- 38.Sarvam devam tharpayami
- 39.Eesanam devam tharpayami
- 40.Pasupathim devam tharpayami
- 41.Rudram devam tharpayami
- 42.Ugram devam tharpayami
- 43.Bheemam devam tharpayami
- 44.Mahantham devam tharpayami
- 45.Bhavasya devasya pathni tharpayami
- 46.Sarvasys devasya pathni tharpayami
- 47.Eesanya devasya pathni tharpayami
- 48.Pasupathor devasya pathni tharpayami
- 49.Rudrasya devasya pathni tharpayami
- 50.Ugrasya devasya pathni tharpayami

51. Bheemasya devasya pathni tharpayami
52. Mahatho devasya pathni tharpayami
53. Bhavasya devasya sutham tharpayami
54. Sarvasya devasya sutham tharpayami
55. EEsanya devasya sutham tharpayami
56. Pasupather devasya sutham tharpayami
57. Rudrasya devasya sutham tharpayami
58. Ugrasya devasya sutham tharpayami
59. Bheemasya devasya sutham tharpayami
60. Mahatho devasya tharpyami
61. Rudramscha tharpayami
62. Rudra parshadhaan tharpayami
63. Rudhra parshathee tharpayami
64. Sanath kumaraan tharpayami
65. Skandam tharpayami
66. Indram tharpayami
67. Shashtim tharpayami
68. Shanmugam tharpayami
69. Visagam tharpayami
70. Jayantham tharpayami
71. Mahasenam tharpayami
72. Skanda parshadhaan tharpayami
73. Skanda Parvathi stharpayami
74. Vighnam tharpayami
75. Vinayakam tharpayami
76. Veeram tharpayami
77. Sooram tharpayami
78. Varadham tharpayami
79. Hasthimukham tharpayami
80. Yeka dantham tharpayami
81. Lambhodharam tharpayami
82. Vakra thundam tharpayami
83. Ganapathim tharpayami
84. Vighna parshadhaan tharpayami
85. Vighna parshadhee tharpayami
86. Kesavam tharpayami
87. Narayanam tharpayami
88. Madhavam tharpayami
89. Madhavam tharpayami
90. Vishnum tharpayami
91. Madhu soodhanam tharpayami
92. Trivikramam tharpayami
93. Vamanam tharpayami
94. Sridharam tharpayami
95. Hrishikesam tharpayami
96. Padmanabham tharpayami

97. Damodharam tharpayami
- 98.Sreem devim tharpayami
- 99.Hreem devim tharpayami
- 100.Pushtim devim tharpayami
- 101.Vainatheyam tharpayami
- 102.Kalam tharpayami'
103. Neelam tharpayami
- 104.Mruthyum tharpayami
- 105.Anthakam tharpayami
- 106.Yamam tharpayami
- 107.Yama Rajam tharpayami
- 108.Dharmam tharpayami
- 109.Dharma Rajam tharpayami
- 110.Chithram tharpayami
111. Chithraguptham tharpayami
112. Vaivaswatham tharpayami
113. Vaivasvatha parshathaam tharpayami
- 114.Vaivasvatha Parshathee Tharpayami
- 115.Vishnum tharpayami
- 116.Vishnu parshathaam tharpayami
- 117.Vishnu parshathee tharpayami
- 118.Bhardwajam tharpayami
- 119.Gowthamam tharpayami
120. Athrim tharpayami
121. Aangeersam tharpayami
122. Vidhyaam tharpayami
- 123.Durgam tharpayami
- 124.Jyestaam tharpayami
125. Sreshtaam tharpayami
- 126.Danvantharim tharpayami
127. Danvanthari parshathaam tharpayami
128. Danvanthari Parshathee tharpayami

## **II. Rishi tharpanam**

Wear the Yagnopavitha as garland(Neeveethi) and do Tharpana through left side of the palm of right hand chanting the following manthras

- 1.Rishims tharpayami
- 2.Maharishims tharpayami
- 3.Paramarishims tharpayami
- 4.Devarishims tharpayami
- 5.Brahma rishims tharpayami
- 6.Rajarishims tharpayami
- 7.Vaisya rishims tharpayami
8. Sutha rishis tharpayami



- 9.Srutharishims tharpayami
- 10.Jana rishims tharpayami
- 11.Thapa rishims tharpayami
- 12.Sathya rishims tharpayami
- 13.Kanda rishims tharpayami
- 14.Rishigams tharpayami
- 15.Rishi pathnis tharpayami
16. Rishi puthrams tharpayami
- 17.Rishi pouthrams tharpayami
- 18.Kanvam bhodhayanam tharpayami
19. Apasthambam suthrakaram tharpayami
- 20.SAthyashadam Hiranya kesinam tharpayami
- 21.Vajapeyinam Yagna valkyam tharpayami
- 22.Aswalayanam sounakam tharpayami
23. Vyasam tharpayami
- 24.Vasishtam tharpayami
25. Pranavam tharpayami
- 26.Vyahruthee tharpayami
- 27.Savithrim tharpayami
- 28.Gayathrim tharpayami
29. Chandamsi tharpayami
30. Sadasaspathim tharpayami
31. Rigvedam tharpayami
- 32.Yajur vedam tharpayami
- 33.Samavedam tharpayami
- 34.Atharvana vedam tharpayami
35. Atharvangeerasam tharpayami
- 36.Ithihasa puranani tharpayami
- 37.Sarva deva janaa tharpayami
- 38.Sarva bhoothani tharpayami

### **III.Pithru tharpanam**

Wear the Yagnopavitha over the right shoulder(Pracheena veethi) and do Tharpana through the right side of the palm right hand chanting the following manthras.

(People whose father is alive should not do this part of the tharpanam.)

- 1.Pithru Swadha nama tharpatami
- 2.Pithamaha Swadha namas tharpayami
- 3.Pithrupithamaha Swadha namas tharpayami
- 4.Mathru swadha nama tharpayami
- 5.Pithamahi swadha namas tharpayami
- 6.Prapithamahi Swadha namas tharpayami
- 7.Matha mahan swadha namas tharpayami
- 8.Mathu pithamahan Swadha namas tharpayami

- 9.Mathu prapithamaha Swadha namas tharpayami
- 10.Mathamahi Swadha namas tharpayami
- 11.Mathu pithamaha Swadha namas tharpayami
- 12.Mathu prapithamaha Swadha namas tharpayami
- 13.Aacharyan swadha namas tharpayami
- 14.Aacharya pathni Swadha namas tharpayami
- 15.Aacarya pathni swadha namas tharpayami
- 16.Guroon Swadha namas tharpayami
- 17.Guru pathni Swadha namas tharpayami
- 18.Sakheen Swadha namas tharpayami
19. Sakhi pathni swadhadha namas tharpayami
20. Jnatheen Swadha namas tharpayami
- 21.Jnathi pathni Swadha namas tharpayami
- 22.Amathyaan Swadha namas tharpayami
23. Amathya pathni Swadha namas tharpayami
24. Sarvaan Swadha namas tharpayami
- 25.Sarvaa Swadha namas tharpayami

Do Tharpanam with water chanting

Oorjam vahanthi Amrutham krutham Madhu paya keelaalam parisrutham swadhamstha tharpayathe , pithroon thrupyatha, thrupyatha , thrupyatha

Wear the Yagnopavitha over the left shoulder(Upaveethi) and do Aachamanam

Thus ends Brahma Yagna.

Brahma yagnam(sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis(sages) and Pithrus(ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

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\* Taken from book on Sandhya Vandhana Bhashyam published by Ramakrishna mutt. Mylapore, Chennai, and Yajur upa karma prayoga published by R.S.Vadhyar , Kalapathy. Transliteration done by P.R.Ramachander